The Decisions we make

as individuals

affect all of us!!

OUR WAYNE COUNTY EMPLOYEE BENEFIT PLAN IS SELF INSURED

Per Merriam-Webster.com, the definition of "Self Insurance"

is

"Insurance of oneself or of one's own interests by the setting aside of money at regular intervals to provide a fund to cover possible losses"

Health Plan Fiscal Recap

Where our claims dollars are typically spent

23% Prescription Medicine

20% Inpatient Hospital Charges

17% Outpatient Facility Charges

15% Outpatient X-Ray and Lab

12% Doctors visits, including specialists

7% Dental

5% Emergency Room

.6% Chemotherapy and Radiation Therapy

.3% Mental Health Visits Outpatient

.1% Other

Wayne County Employee Benefit Plan

Emergency room visits cost about \$900 each visit

- Patient Average Out of Pocket = \$100
- Employee Out of Paycheck = \$160

Physician Office visits cost about \$60 each visit

- Patient Average Out of Pocket = \$20
- Employee Out of Paycheck = \$8.00

The Decisions we, as individuals, make on a daily basis affect what everyone else in this room pays, and what our Employer has available to fund our raises!!

Wayne County Employee Benefit Plan

We can all get involved and work to get healthier or stay healthy and try to keep our cost of Self Insurance down!!

Two areas of opportunity are:

- Becoming Smarter Consumers of Healthcare
- Wellness, reducing our use of Healthcare

Wayne County Employee Benefit Plan

Consumerism

- Do you know your doctor's last customer satisfaction rating?
- Did you ask your doctor if there were alternatives to medicine?
- Did you take notes at your last doctors visit?
- Do you have a list of the medicine you take?
- Do you know there is a link between your Oral Health and your overall Health?

Consumerism (cont.)

- Do you know your surgeons post operative rate of infection?
- Do you know your surgeons re-admission rate within one week of surgery?
- Do you know what you should have done/tested annually for your condition?
- Do you know what "Never" events are?

Wayne County Employee Benefit Plan Wellness Programs

- Imagine the Medical Bills that you will never incur if the Wellness Program helps you to Stop Smoking, Lose Weight, Eliminate or Control Diabetes, High Blood Pressure or High Cholesterol!!
- You will feel better and have more quality time to spend with the ones you love, doing what you like to do!!